

# JEREMY R.J. WHITE

SPIRITUAL GUIDE ~ PSYCHIC ~ HEALER ~ TEACHER



**LAGU** (pronounced *LA-guz*)  
*WATER, Love, the letter L*

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Is the rune of water, love and emotions. The sign of the artist and to let your artistic ability flow to release the emotion that dwells within. To feel the love of family and friends and the safety it brings to be in their company.

Reversed, Lagu indicates a lack of emotional control, leaking love and not facing up to your artistic nature, a deep loneliness and a feeling of being home sick. Trapped in a loveless relationship and yearning for closeness brings great sorrow.



**ING** (pronounced *ING - az*)  
*ACTION, Inspiration, the letters ING*

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The god Ing or better known as Freyr the god of peace and plenty, the king of the Elves. This is the symbol of inspiration and action, a time to do whatever you want to, a time of action. This is a symbol of male virility.

For a woman this can mean a dashing man, funny, chatty, a dandy and easy to talk too has arrived in her life. This is not necessarily a partner but breath of fresh air, someone who will encourage you to reach your full potential.

No reversed meaning.

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**OTHEL** (pronounced *OH-THEL-o*)

*TRIBE, Odin, Ancestors, the letter O*

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Is the rune of Odin and the ancestors, the rune of the clan and tribe and the things you inherit from them. This is the symbol of authority and if legal matters are at hand they will fall in your favor. Listen to the wisdom of your elders, for in this situation they do know best.

Othel can also mean contact with spirit and messages from beyond to help you in this realm.

Reversed it can mean a falling out with family, banished from the tribe and hand of authority comes down hard. It can also indicate that you are ignoring messages from spirit and not following the way of your clan.



**DAEG** (pronounced *DAY-gaz*)

*TRANSITIONS, Daylight, the letter D*

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Means daylight, a bright shining future and a time of massive change. A total transition from night to day, all will be well, a time to really enjoy the moment and relax for the sun shines down on you.

No reversed meaning.